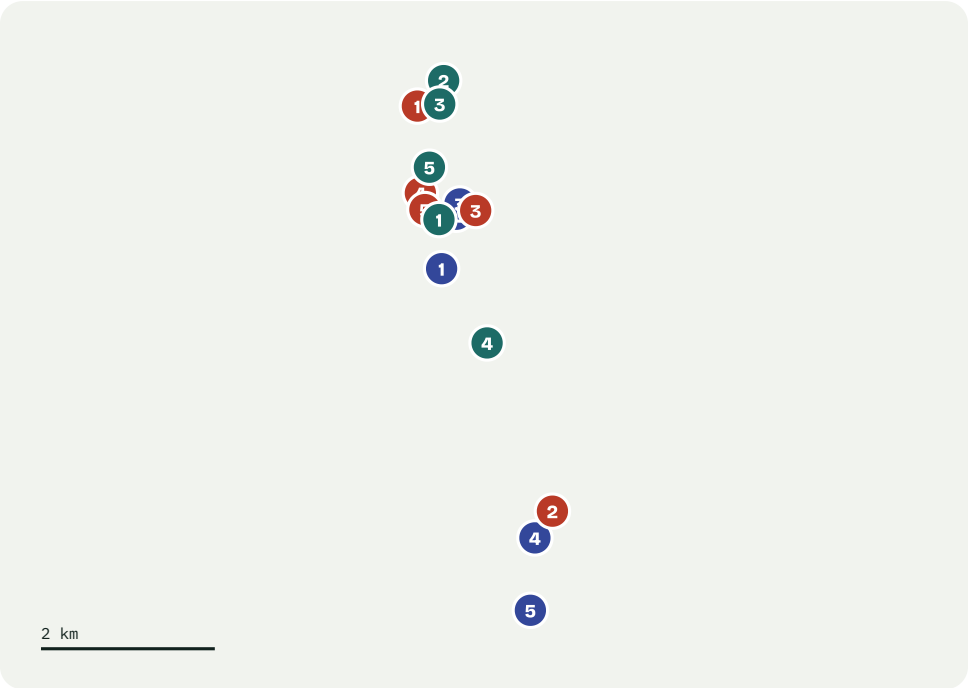
Eforie

The twin resort by Lake Techirghiol: Eforie Nord, with its mud baths and treatment hotels open all year, and Eforie Sud, the first resort on the Romanian coast, founded by Ioan Movilă in 1899.



What to see · Where to eat · Where to stay

Sketch, not exactly to scale.

How to use this guide

For each category we picked five places, in the order we would recommend them. Map numbers match the list. On constanta.guide you'll find the interactive map, Google Maps links and the always up-to-date version.

`constanta.guide/en/eforie/`

What to see in Eforie



1 Băile Reci nr. 1 – Lacul Techirghiol

OPEN-AIR MUD BATHS · EFORIE NORD

The sapropelic mud of Lake Techirghiol is the reason both resorts exist, and here you use it in the open air, at a 1960s facility reopened to the public in 2021.

The open-air mud baths of the Efosan rehabilitation hospital on the shore of Lake Techirghiol, where you coat yourself in mud, let it dry in the sun and then go into the lake.

Malul Lacului Techirghiol, Eforie Nord · hours not confirmed



2 Hotel Belona

MODERNIST LISTED BUILDING · EFORIE NORD

It is a class A historic monument of national value (LMI code CT-II-m-A-02880) and appeared in 1934 in the Paris magazine L'Architecture d'aujourd'hui.

Ship-shaped modernist building on the Eforie Nord cliff top, designed by George Matei Cantacuzino and opened in 1933, now a hotel.

Strada Tudor Vladimirescu 9 · Tel. +40 21 555 2570 · hours not confirmed



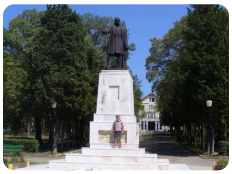
3 Faleza și plaja din Eforie Nord

BEACH AND PROMENADE · EFORIE NORD

It is the heart of the resort: Belona Beach holds 4.2 on Google from more than 8,300 reviews, and the promenade 4.1 from more than 1,500.

The promenade along the high shore and the beach of about 3 km below it, from Debarcader Beach to the Belona marina and further south.

Strada Tudor Vladimirescu, Eforie Nord · hours not confirmed



4 Parcul Movilă și centrul vechi din Eforie Sud

HISTORIC CENTRE · EFORIE SUD

This is where the resort regarded as the oldest on the Romanian coast began: Ioan Movilă's hotels and baths opened in summer 1902.

The park in the centre of Eforie Sud, next to which Ioan Movilă began building the resort's first hotel in 1899, now Hotel Parc, with old villas around it and the seafront a few steps away.

Strada Negru Vodă / Strada Doctor Cantacuzino, Eforie Sud · hours not confirmed

5 Biserica „Nașterea Sfântului Ioan Botezătorul”

ORTHODOX CHURCH · EFORIE SUD

It is tied directly to the resort's beginnings: Elena Movilă started it, Sever Movilă led the building work, and Ioan Movilă's remains were brought here in 1935.

The old Orthodox church of Eforie Sud, begun in 1913 and consecrated in 1935, built on the initiative of the family of the resort's founder.

Strada Alexandru Ioan Cuza, Eforie Sud · Tel. +40 744 709 945 · hours not confirmed

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Where to eat in Eforie

1 Terasa cu Ancore

FISH RESTAURANT · EFORIE NORD

It holds 4.5 on Google from more than 3,500 reviews and stays open in winter, not only in the season.

Fish restaurant and diving museum created by a former navy diver, serving Black Sea fish among real diving equipment in the dining room and on the terrace.

Strada Armand Călinescu 12A · Tel. +40 765 138 484 · hours not confirmed

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2 La Petre Pescarul

SEAFRONT FISH RESTAURANT · EFORIE SUD

It holds 4.5 on Google from more than 4,000 reviews and is open all year, daily from 11 to 22.

Family-run fish and seafood restaurant on the Eforie Sud seafront, with a terrace facing the sea, opened in 2018 by Ilie Petre.

Strada Faleza 27 · Tel. +40 737 917 045 · Hours: daily 11–22

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3 Cherhanaua Sailors

HARBOUR FISH RESTAURANT · EFORIE NORD

It holds 4.5 on Google from more than 1,600 reviews, with many new reviews from summer 2026.

Fish restaurant in the Belona marina, next to the boats, serving fish and seafood, with terraces facing the sea and a private beach with a pool.

Portul turistic Belona (Marina Eforie), Aleea Belona · Tel. +40 773 755 392 · hours not confirmed

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4 Rotiserie Grădina de Vară

GARDEN ROTISSERIE · EFORIE NORD

It holds 4.5 on Google from more than 470 reviews, and reviews from summer 2026 praise the food and the quiet garden.

Rotisserie with Romanian food in a courtyard set back from the main boulevard, with a terrace shaded by a vine.

Bulevardul Republicii 14-16 · hours not confirmed

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5 TURCU' Restaurant Oriental

TURKISH RESTAURANT · EFORIE NORD

It holds 4.4 on Google from more than 270 reviews, with many new, good reviews from June 2026.

Turkish restaurant on the main boulevard of Eforie Nord, with platters, Middle Eastern salads and Turkish drinks.

Bulevardul Republicii 26 · Tel. +40 758 188 453 · hours not confirmed

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Where to stay in Eforie

1 Ana Hotels Europa

SPA HOTEL · EFORIE NORD

It holds 9.0 on Booking from more than 800 reviews and 4.4 on Google from more than 1,900, and it stays open all year, with autumn and New Year packages.

Renovated four-star hotel by the beach, with the Ana Health Spa on the ground floor, offering treatments with mud and salt water from Lake Techirghiol.

Bulevardul Republicii 13 · Tel. +40 241 702 818

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2 Aqvatonic Hotel – Steaua de Mare Eforie Resort

SPA HOTEL · EFORIE NORD

It holds 9.0 on Booking from more than 1,500 reviews and 4.5 on Google from more than 3,400, and its spa and treatment centre runs 365 days a year.

Four-star hotel on the cliff top in the north of the resort, part of the Steaua de Mare complex, with a relaxation and treatment centre open all year.

Bulevardul Tudor Vladimirescu 39-43 · Tel. +40 341 447 555

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3 Mirage MedSPA Hotel

HOTEL WITH TREATMENT CENTRE · EFORIE NORD

It holds 9.0 on Booking from more than 1,900 reviews, and its treatment centre has 40 treatment rooms on 2,700 m² and works out of season too.

Hotel with 82 double rooms and 16 apartments, about 50 m from the sea, with a medical rehabilitation and balneotherapy centre opened in 2013.

Strada Dorobanților 2A · Tel. +40 241 741 490

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4 Euforia Retreat + Spa

BOUTIQUE SPA HOTEL · EFORIE SUD

It holds 9.3 on Booking from more than 300 reviews and is open all year, with an indoor pool, saunas and the beach right in front of the hotel.

Boutique hotel with 20 rooms in three pavilions, on the strip of land between the sea and Lake Techirghiol, with a spa and a restaurant also open to the public.

Strada Mării 66 · Tel. +40 738 111 155

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5 Hotel Roxy & Maryo

FAMILY HOTEL · EFORIE NORD

It holds 9.6 on Booking from more than 400 reviews and 4.6 on Google from more than 270, and it is open all year.

Three-star hotel with rooms and apartments in the centre of the resort, about 150 m from Debarcader Beach, with a garden restaurant and a small spa.

Strada Diamant 14 · Tel. +40 724 552 371

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Checked in November 2026. Hours can change: check before you go.

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